

Trouble With Busy

Introduction of Eliz Greene

(Eliz is pronounced E-Liz... like E-mail)

Our speaker today asks:

- ***Do you wish someone would tell you the secret to work-life balance?***
- ***Do you worry you'll never find work-life balance?***
- ***Are you tired of hearing about work-life balance?***

Eliz Greene has a thing or two to say about balance.

She is a professional speaker, a small business owner, a Girl Scout Leader, and a mother of 16-year-old twins.

Which you should hear as... she is **BUSY BUSY BUSY**

***She is also conducting a research study on job stress and is on a mission to help busy people feel better and get more of the important stuff done...
... and don't we all want that.***

Here is a video which explains why Eliz is so passionate about that mission.

(Video will play automatically)