



## **Introduction of Eliz Greene**

*(Eliz is pronounced E-Liz... like E-mail)*

Our speaker today asks:

Do you know how strong your organization's culture is?

Eliz Greene has received volumes of unvarnished truth from employees all over the world as part of her research on job stress.

Working with a wide range of organizations from NASA to Forward Financial to Colgate Palmolive... and smaller organizations as well, she's seen how high performance, purpose-driven organizations create cultures immune to overwhelm and uncertainty.

She's seen what works...and what doesn't.

She's here to share how yoga at work almost destroyed a team, and how one small conversation can make all the difference.

Please welcome **Eliz Greene**.