



## **Introduction of Eliz Greene**

*(Eliz is pronounced E-Liz... like E-mail)*

Our speaker today asks:

- Do you wish someone would tell you the secret to work-life balance?
- Do you worry you'll never find work-life balance?
- Are you tired of hearing about work-life balance?

Eliz Greene has a thing or two to say about balance.

She is a professional speaker, a small business owner, and a mother of 18-year-old twins.

Which you should hear as... she is **BUSY BUSY BUSY**

She is also conducting a research study on job stress and is on a mission to help busy people feel better and get more of the important stuff done...

... and don't we all want that.

Please welcome **Eliz Greene**